

LONG ISLAND ASSOCIATION OF SPECIAL EDUCATION ADMINISTRATORS

18th Annual Members Only Conference



When: Wednesday, January 11, 2017 - Friday, January 13, 2017

Where: Gurney's Montauk Convention Center
290 Old Montauk Hwy, Montauk, NY

Distinguished Speakers:

LeDerick R. Horne

Artist of the spoken word—Advocate for people with disabilities—Ambassador to all

Metra Lundy

Founder and CEO of Kinetics™ Personal Training and Group Fitness and Moving Meetings™.

Teri Hughes, C.R.C., L.M.H.C.

Program Director for the Vocational and School Based Services at South Oaks Hospital

Members are Encouraged to Bring Topics to Share

THURSDAY

LeDerick R. Horne

Labeled as neurologically impaired in third grade, LeDerick Horne defies any and all labels. He's a dynamic spoken-word poet. A tireless advocate for all people with disabilities. An inspiring motivational speaker. A bridge-builder between learners and leaders across the U.S. and around the world. An African-American husband and father who serves as a role model for all races, genders, and generations.



The grandson of one of New Jersey's most prominent civil rights leaders, LeDerick uses his gift for spoken-word poetry as the gateway to larger discussions on equal opportunity, pride, self-determination and hope for people with disabilities. His workshops, keynote speeches, and performances reach thousands of students, teachers, legislators, policy makers, business leaders, and service providers each year. He regularly addresses an array of academic, government, social, and business groups, including appearances at the White House, the United Nations, Harvard University, the National Association of State Directors of Special Education, and the Pennsylvania, Wisconsin, Nevada, and Alabama State Departments of Education. His work addresses the challenges of all disabilities, uniting the efforts of diverse groups in order to achieve substantive, systemic change.

From 2003 to 2012, LeDerick served as the Founding Board Chair of Eye to Eye (eyetoeyenational.org), the only national nonprofit mentoring program for students labeled with LD / ADHD, and continues to serve on the board today. He is also a Steering Committee Member of the IRIS Center for Training Enhancements at Vanderbilt University's Peabody College and Senior Consultant for The Center for School Climate and Learning.

In 2015, he and co-author Margo Vreeburg Izzo, PhD, Ohio State, released a book titled Hidden Disabilities, Hidden Potential—the definitive compendium on LD/ADHD and other hidden disabilities—published by Brookes Publishing Co.

He has released two spoken-word poetry albums (Rhyme Reason and Song in 2005 and Black and Blue in 2011) and co-created New Street Poets, a spoken-word play about the effect of gentrification on urban culture. The play received considerable acclaim including accolades at the New York City International Fringe Festival and toured extensively throughout the U.S. LeDerick has earned a BA in mathematics with a Fine Arts minor from New Jersey City University and also studied mathematics at Middlesex County College.

Metra Lundy

Metra Lundy is founder and CEO of Kinetics™ Personal Training and Group Fitness and Moving Meetings™. Ms. Lundy has led the growth of Kinetics over the past decade through the development of a team of certified personal trainers and group fitness instructors and the creation of engaging fitness experiences that have empowered her clients to transform their mindsets and bodies. Developing fitness experiences that permanently transform people's lives is what Metra does best. As a fitness professional for more than a decade, Metra inspires the people she works with to go beyond simply "working out." Metra and her team utilize "whole-concept thinking" to transform, educate and motivate clients to reach their greatest potential.



Ms. Lundy is a fitness professional, speaker who has transformed countless lives through her signature approach to healthy and conscience living. After training and performing in one of New Jersey's marquee West African dance companies, Metra transitioned into the world of fitness. In 2006, she created the program and fitness video, Manjani Fit - a unique exercise workout that combines the beauty of West African dance with traditional aerobics. Metra holds several national Personal Training and Group Fitness certifications and she has facilitated group training courses such as Tabata Boot Camp®, Antigravity® Aerial Yoga and Fitness, WillPower & Grace®, Zumba® Fitness, and Spinning®. Metra's passion for healthy living has allowed her to transform the lives of hundreds of people in the Tri-State area. Metra is the author of, "The Detoxification Handbook – a Simple Guide on Creating More Energy and Fat Loss Now" that will be released in December 2016. Her handbook exposes readers to her philosophy on happier living by way of her signature principles, "Train Smart, Eat Well, and Live Life." In 2012, Metra founded Moving Meetings™, a sister company to Kinetics which provides corporations, organizations, and community members with fun, motivating, fitness workshops, presentations, and action based activities that help to improve team spirit, camaraderie, and productivity. Through her fitness experiences, presentations, and workshops, Metra has had the pleasure of partnering with companies and organizations including Highland Park Public Schools, American Heart Association, Aeropostale, and Bristol Myers Squibs. Ms. Lundy received dual degrees in Accounting and Biology.

Friday

Teri Hughes, C.R.C, L.M.H.C.

Teri Hughes graduated with a Master's Degree in Education, with a specialization in Psychiatric Rehabilitation from Hofstra University in 1995. Mrs. Hughes is a Certified Rehabilitation Counselor and a Licensed Mental Health Counselor. For the past 24 years, Mrs. Hughes has been employed at South Oaks Hospital and is currently the Program Director for the Vocational and School Based Services. Mrs. Hughes oversees vocational rehabilitation services which include career counseling and guidance, diagnostic vocational evaluation, job placement services, as well as, coordinating life skills/transition services which include, but not limited to, curriculum development, CSE consultation, Job coaching, Job shadowing and program development, to over twenty school districts throughout Nassau and Suffolk County. She has worked with families, school districts and agencies to assist with transitioning students into the adult world. Mrs. Hughes has been an instructor for a number of colleges, including Hunter College, Suffolk Community College, Hofstra University, and is currently working as an adjunct professor at SUNY Old Westbury College.

LIASEA – Agenda

Wednesday, January 11, 2017

- 4:30 PM Registration/Scholarship Raffle Tickets/Vendors
- 5:30 PM **EDCamp and Networking Opportunities (Video Orientation to follow)**
- **Members are Encouraged to Bring Topics to Share**
 - For example :
 - ⇒ Challenging Times for Administrators
 - ⇒ Time Management
 - ⇒ Dealing with Advocates/Attorneys
 - ⇒ Bring your own Topic
- 7:00 PM Membership Dinner

Thursday, January 12, 2017

- 7:00 AM Breakfast & Vendors
- 8:30 AM Registration/Scholarship Raffle Tickets/Welcome
- 8:45 AM **LI Parent Center – Helene Fallon**
- 9:00 AM **Introduction**
- 9:15 AM **A Path to Pride and Success - Speaker: LeDerick Horne**
- 10:30 AM Short Break
- 10:45 AM **Self-Directed IEPs - Speaker: LeDerick Horne**
- 12:00 PM LUNCH
- 1:15 PM **Self Care and Healthy Strategies for Special Ed Leaders**
Get the Boost you Need to Finish Each Day Strong - Speaker: Metra Lundy
- 2:05 PM **Supporting Self-Discloser - Speaker: LeDerick Horne**
- 3:05 PM Closing
- 6:30 PM President's Networking Reception
- 7:30 PM Business Meeting and Dinner Event

Friday, January 13, 2017

- 7:00 AM Breakfast & Vendors
- 8:30 AM Welcome and Introduction
- 8:45 AM **Collaborating with Outside Agencies to Develop Strategies that will Help Students with Mental Health Issues be Successful**
Speaker: Teri Hughes, Program Director for the Vocational and School Based Services at South Oaks Hospital
 - **How to get Started - Connecting and Working with Agencies**
 - **Strategies that Work in School Settings**
- 11:00 AM Wrap Up and Members Meeting

LIASEA, INC. - PO BOX 144 - Mastic Beach, NY 11951-0144
Phone: (631) 657-3731 or Fax (631) 657-3480

LIASEA - MEMBERS ROOM REGISTRATION FORM

LIASEA, Inc., PO Box 144, Mastic Beach, NY 11951-0144

To reserve your space early please FAX or email Registration Form

Email - patluft@liasea.org - Fax - 631-657-3480

We must have check or Purchase Order by December 19, 2016 for us to hold your rooms!
checks payable to LIASEA or fax purchase orders.

***Cancellation policy: Cancellations will be accepted for full refund with a 72 hour notice in writing only.**

Name: _____ Title: _____

School District/Agency: _____ Business phone: _____

Address: _____

E-Mail: _____ Alternate E-Mail: _____

Emergency Contact Phone: (in case of inclement weather) Cell phone: _____ Home phone: _____

Select One Option:

◇ **Wednesday/Thursday/Friday Hotel Accommodations and Conference**

Includes Lodging Wednesday/Thursday nights Networking Activities and all meals Wed/Thurs/Friday

Double Occupancy - \$510 pp - Name of Attendee Roommate _____

Single Occupancy - \$760 pp

◇ **Wednesday/Thursday Hotel Accommodations and Conference**

Includes Lodging Wednesday night, Networking Activities and Dinner, Thursday Breakfast and Lunch

Double Occupancy - \$420 pp - Name of Attendee Roommate _____

Single Occupancy - \$670 pp

◇ **Thursday/Friday Hotel Accommodations and Conference**

Includes Lodging Thursday night, Networking Activities and Thursday Lunch and Dinner/Friday Breakfast

Double Occupancy - \$420 pp - Name of Attendee Roommate _____

Single Occupancy - \$670 pp

◇ **Wednesday/Thursday/Friday Conference Only Commuter Special Day Rate - \$330 pp**

Includes all meals and Networking Activities

◇ **Thursday/Friday Conference Only Commuter Special Day Rate - \$290 pp**

Includes Breakfast, Lunch and Dinner Thursday and Breakfast Friday, and Networking Activities

◇ **Thursday Conference only Commuter Special Day Rate - \$150pp**

Includes Breakfast and Lunch Thursday only

◇ **Friday Conference Only Commuter Special Day Rate - \$75 pp**

Includes Breakfast Friday and Networking Activities

If you are **NOT** currently a member please include membership dues.

Membership Groups:

Individual - \$200

Retiree - \$45

District - \$500

Check or Purchase Order# _____ Total \$ _____